

Main Street Middle School

11/03/14 -11/21/14

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

DAILY SPECIALS

Cheeseburger WW

Hamburger WW



- MONDAY** Cheeseburger on WW Bun
- TUESDAY** Hamburger on WW Bun
- WEDNESDAY** Krispy Krunch Chicken Sandwich on WW
- THURSDAY** Cheeseburger on WW Bun
- FRIDAY** Hamburger on WW Bun

DAILY SPECIALS

Bean and Cheese Burrito

Bean and Cheese Enchilada



- MONDAY** Chicken Soft Taco WG
- TUESDAY** Nachos w/ Bean and Cheese
- WEDNESDAY** Beef Soft Taco WG
- THURSDAY** Chicken Taco Salad
- FRIDAY** Chicken Quesadilla



DAILY SPECIALS

Cheese Pizza

Pepperoni Pizza

- MONDAY** Pepperoni Pizza
- TUESDAY** Sausage Pizza
- WEDNESDAY** Hawaiian Pizza
- THURSDAY** Pepperoni Olive Pizza
- FRIDAY** Italian Dunkers



DAILY SPECIALS

Chef Salad w/ WW Roll

Ham and Cheese Sandwich

- MONDAY** Turkey and Cheese Sandwich
- TUESDAY** American Combo Sandwich
- WEDNESDAY** Egg Salad Sandwich
- THURSDAY** Italian Sub WW
- FRIDAY** Tuna Sandwich WW



This Week's Feature:



- Orange Chicken w/ Brown Rice
- Sweet and Sour Chicken Fajita w/ Brown Rice
- Sweet and Sour Meatballs w/ Brown Rice
- Fajita Chicken Teriyaki w/ Brown Rice
- Teriyaki Beef Dippers w/ Brown Rice

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

